



## *Fish Dishes*

### *Trout a Pescador - £12.55*

Grilled trout with a wholegrain mustard glaze.

### *Trout Villa Moura - £12.95*

Trout with prawns, herbs and a creamy pepper sauce.

### *Trout with Almonds - £12.55*

Grilled trout served with flaked almonds and a butter sauce.

### *Cod Mediterranean - £13.65*

Fillet of cod cooked in olive oil with onions, garlic, peppers, tomatoes and olives.

### *Baked Monkfish - £15.75*

Monkfish and mussels baked with shallots, wholegrain mustard, white wine and fish stock.

### *Monkfish Provençal - £14.95*

Monkfish served in a tomato and garlic sauce.

### *Monkfish with Mustard - £14.95*

Monkfish shallots, tarragon and chives, served in a cream and wholegrain mustard sauce.

### *Halibut Crust - £16.25*

Halibut steak topped with a herb crust, served on a bed of roasted aubergines and a sweet red pepper coulis.

### *Halibut with Mussels - £16.75*

Halibut steak and fresh mussels cooked in a white wine, cream and chive sauce.

### *Wing of Skate - £15.75*

Served plain grilled or your choice of a provençal sauce (tomato and garlic), or burnt butter and caper sauce.



## *Fish Dishes (Continued)*

### *Grilled Tuna Steak - £12.95*

Served with balsamic vinegar and salted sugar snap peas.

### *Scottish Salmon - £12.55*

Salmon steak flamed with whisky, served with a pink peppercorn sauce.

### *Salmon with Orange - £12.55*

Salmon steak cooked in a white wine, tarragon and orange sauce.

### *Salmon with Watercress - £12.55*

Salmon steak cooked with white wine and watercress.

### *Dover Sole Grande - £26.95*

A filleted Dover sole served with prawns and mushrooms in a white wine and herb sauce.

### *Grilled Dover Sole - £25.95*

Served on or off the bone.

### *Bacalhau Grelhado - £14.95*

A Portuguese speciality. Grilled salted cod cooked with olive oil and garlic.

### *Bacalhau Villa Moura - £13.95*

Cod topped with mornay sauce, served with mashed potatoes.

### *Sea Bass Supreme - £15.95*

Filleted sea bass served with prawns in a parsley and cream sauce.

### *Sea Bass with Pine Crust - £14.95*

Filleted sea bass grilled with a pine-nut crust, cooked in shallots, basil, parsley and lemon juice.



## *Fish Dishes (Continued)*

### *Sea Bass with Tarragon - £16.95*

Grilled sea bass stuffed with spinach, served in a creamy tarragon sauce.

### *Fish Cakes - £10.95*

Served with a leaf salad, balsamic dressing and gherkins.

### *Mixed Fish Platter - £14.15*

Monkfish, halibut and salmon, shallow fried and served with a tartar sauce.

### *Neptune Symphony - £14.25*

Monkfish, salmon, mussels and pacific prawns, served with a creamy dry martini and orange sauce.

## *Shellfish Dishes*

### *Pacific Prawns - £14.95*

A platter of large pacific prawns cooked in garlic butter and white wine or piri piri sauce.

### *Chicken Scallops Operete - £13.95*

Chicken breast and scallops sautéed in butter with white wine, mushrooms and cream. Served with rice.

### *Scallops Royale - £18.95*

Wrapped in crispy bacon, served with spring onions and a garlic and lime butter.

### *Fresh Lobster - £28.95*

Served cold with mayonnaise or hot with a garlic-butter and white wine sauce.

### *Fresh Lobster Thermidore - £30.95*

A whole lobster flamed with brandy, cream and Dijon mustard topped with grated Parmesan.

### *Villa Moura Surf & Turf - £32.95*

½ fresh lobster and a 12oz Sirloin steak served with garlic butter.

